



Youth Crisis Intervention Resources

**A starting point to help you find mental health resources
for children, teens and young adults in North Texas**

Click on any heading below to navigate to that section of the directory.

CRISIS SERVICES

**Crisis Lines
Law Enforcement
Mobile Crisis Service
Domestic Violence
Help Lines**

INFORMATION AND REFERRAL

PSYCHIATRIC EVALUATIONS

HOSPITALS

COUNSELING

SPECIALTIES

SUBSTANCE ABUSE TREATMENT

EDUCATION

SHELTERS

HOUSING

THERAPEUTIC SUPPORT GROUPS

PEER SUPPORT

MENTAL HEALTH WARRANTS

This information was compiled by I AM H·E·R·E Coalition, an initiative of the Grant Halliburton Foundation.



www.iamherecoalition.org

The information in these materials is for informational purposes only. These materials are not intended to be a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your qualified mental health provider with any questions you may have regarding a medical condition. We do not recommend or endorse any specific tests, mental health providers, products, procedures, opinions, or other information that may be mentioned in these materials. Reliance on any information provided by these materials is solely at your own risk.

For more information or to submit a listing for the directory, contact us at info@GrantHalliburton.org.

GRANT HALLIBURTON FOUNDATION ■ 6390 LBJ Freeway, Suite 106 ■ Dallas, TX 75240 ■ (972) 744-9790

Crisis Lines

Adapt Community Solutions, Inc.

1-866-260-8000
www.adaptusa.com

CONTACT Crisis Line

972-233-2233

CONTACT Spanish Line

972-233-2428

CONTACT Teen Line

972-233-8336
www.contactcrisisline.org

Suicide & Crisis Center of North Texas

214-828-1000
www.sccenter.org

Law Enforcement

Police (emergency)
911

Dallas Police Department Mental Health Liaison

214-671-3570

Dallas Police (non-emergency)

214-744-4444

For other cities, find the non-emergency police number in the white pages of your city's phone book.

Mobile Crisis Services

Adapt Community Solutions, Inc.

1-866-260-8000
www.adaptusa.com

Domestic Violence

Brighter Tomorrows

www.brightertomorrows.net
972-262-8383
1-866-925-7233

Genesis Women's Shelter

www.genesisshelter.org
214-946-HELP (4357)

Hope's Door

www.hopesdoorinc.org
972-422-2911

Mosaic Family Services

www.mosaicervices.org
214-821-5393

New Beginning Center

www.newbeginningcenter.org
972-276-0057

Our Friends Place

Victims of abuse, neglect, abandonment - Girls 10-17
www.ourfriendsplace.org
214-520-6268

Texas Muslim Women's Foundation

www.tmwf.org
972-880-4192

The Family Place

www.familyplace.org
214-941-1991

Help Lines

Neglect and Abuse Hotline

(Texas Department of Family and Protective Services)
800-252-5400

Promise House

Homeless, runaway and at-risk teens
www.promisehouse.org
1-866-941-8578

Texas Runaway Hotline

(Texas Department of Family and Protective Services)
888-580-HELP (4357)

Texas Youth Hotline

(Texas Department of Family and Protective Services)
800-210-2278

The Turning Point – Rape Crisis Center of Collin County

www.theturningpoint.org
800-886-7273

INFORMATION AND REFERRAL

CARE

Chemical Awareness Resources & Education
www.care-dallas.org
214-526-8986

Dallas Association for Marriage and Family Therapy

www.damft.com/FindTherapist.htm

Dallas County Medical Society

214-948-3622

Dallas Psychological Association

214-252-9096

Good Therapy

www.goodtherapy.org
214-526-8986

Help Pro

214-526-8986

LIQUIC (Life Quality Improvement Center)

www.liquic.com

Mental Health America of Greater Dallas

www.mhadallas.org
214-871-2420

National Alliance on Mental Illness (NAMI)

www.namidallas.org
214-341-7133

Network Therapy

www.networktherapy.com

North Texas Society of Psychiatric Physicians

www.ntspp.org

NorthSTAR (Public Behavioral Health Assistance)

www.valueoptions.com/northstar/about.htm
1-888-800-6799

Psychology Today

www.psychologytoday.com
214-526-8986

Therapy Tribe

www.therapytribe.com

Theravive

www.theravive.com

PSYCHIATRIC EVALUATIONS

Note: Most hospitals also perform psychiatric evaluations

Child and Family Guidance Center

www.childrenandfamilies.info

214-351-3490 ext. 3236

LifeNet Texas

www.lifenettexas.org

214-221-5433

Metrocare Services

www.metrocareservices.org

214-743-1200

Millwood Hospital (mobile psychiatric evaluations)

www.millwoodhospital.com

817-261-3121

NorthSTAR (Public Behavioral Health Assistance)

www.valueoptions.com/northstar/about.htm

1-888-800-6799

University Behavioral Health (UBH) Denton

www.ubhdenton.com

940-320-8100

1-888-320-8101

UT Southwestern Medical Center - Adult

214-648-5555

UT Southwestern Medical Center -

Child/Adolescent

214-456-5900

HOSPITALS

Carrollton Springs

(psychiatric and chemical dependency)

www.carrolltonsprings.com

Adults 18+, Inpatient, Intensive Outpatient, Partial, After Care

972-242-4114

Children's Medical Center - Dallas

www.childrens.com

Adolescents up to 18, Outpatient, Inpatient, Intensive Outpatient, Partial, Psych ER

214-456-7000

Children's Medical Center - Plano

www.childrens.com

Adolescents up to 18, Outpatient, Inpatient, Intensive Outpatient, Partial, Psych ER

469-303-7000

Cook Children's Health Care System – Ft. Worth

www.cookchildrens.org

Adolescents up to 18, Outpatient, Inpatient, Intensive Outpatient, Partial, Psych ER

682-885-4000

Glen Oaks Hospital

www.glenoakshospital.com

Adolescents up to 18, Adults 18+, Outpatient, Inpatient, Intensive Outpatient, Partial, Psych ER

903-454-6000

Green Oaks Hospital

www.greenoakspsych.com

Adolescents up to 18, Adults 18+, Inpatient, Intensive Outpatient, Psych ER

972-991-9504

Hickory Trail Hospital

www.hickorytrail.com

Children 5 to 18, Adults 18+, Outpatient, Inpatient, Intensive Outpatient, Partial, Psych ER

972-298-7323

Methodist Richardson Medical Center

(psychiatric and chemical dependency)

www.methodisthealthsystem.org/mentalhealth

Adults 18+, Outpatient, Inpatient, Intensive Outpatient, Psych ER

1-877-637-4297

Millwood Hospital

www.millwoodhospital.com

Adolescents up to 18, Adults 18+, Outpatient,
Inpatient, Intensive Outpatient, Partial, Psych ER
817-261-3121

Parkland Hospital

www.parklandhospital.com

Adults 18+
214-590-8000

**Seay Behavioral Health Center at Texas Health
Presbyterian Hospital Plano**

www.texashealth.org/seay

Adolescents up to 18, Adults 18+, Outpatient,
Inpatient, Intensive Outpatient, Partial, Psych ER
972-981-8300

Sundance Behavioral Healthcare Arlington

www.sundancehealthcare.com

Adolescents up to 18, Adults 18+, Outpatient,
Inpatient, Intensive Outpatient, Partial, Psych ER
817-583-8080

Sundance Behavioral Healthcare Ft. Worth

www.sundancehealthcare.com

Adolescents up to 18, Adults 18+
817-222-9191

Terrell State Hospital

[www.dshs.state.tx.us/mhhospitals/TerrellSH/TSH
Admissions.shtm](http://www.dshs.state.tx.us/mhhospitals/TerrellSH/TSH_Admissions.shtm)

972-524-6452

Texas Health Presbyterian Hospital Dallas

www.texashealth.org/dallas

214-345-6789

Texas Health Springwood Hospital

www.texashealth.org/springwood

Adolescents up to 18, Adults 18+, Outpatient,
Inpatient, Intensive Outpatient, Partial, Psych ER
817-355-7700

Timberlawn Mental Health System

www.timberlawn.com

Children 4 to 18, Adults 18+, Outpatient,
Inpatient, Intensive Outpatient, Partial, Psych ER
888-859-1408

University Behavioral Health

www.ubhdenton.com

Adolescents up to 18, Adults 18+, Outpatient,
Inpatient, Intensive Outpatient, Partial, Psych ER
940-320-8100

COUNSELING**ABC Behavioral Health Clinic**

www.abcbh.com

214-275-8500

Allen Counseling Associates (Allen)

www.allencounselingassociates.com

214-509-6888

Avenues Counseling Center (McKinney)

972-423-7057

Broken Wings Counseling Center (Red Oak, TX)

972-223-0663

Centro De Mi Salud

www.centromisalud.com

214-941-0798

Child and Family Guidance Center

www.childrenandfamilies.org

214-351-2490

**Counseling and Consulting Associates
of North Texas (McKinney)**

972-542-8144

Dallas Children's Advocacy Center

www.dcad.org

214-818-2600

Excel Center Arlington

www.excelcenterarlington.com

Adolescents up to 18, Intensive Outpatient, Partial,
After Care
817-404-2207

Excel Center Lewisville

www.excelcenterlewisville.com

Adolescents up to 18
972-906-5522

Excel Center Ft. Worth

www.excelcenterfortworth.com

Adolescents up to 18
817-335-6429

Family Studies Center (UT Southwestern Medical Center)

www.utswwmedicine.org

214-648-6945

Freedom Counseling Assoc. (Midlothian, TX)

972-723-0044

Galaxy Counseling Center

www.galaxycounseling.org

972-272-4429

Gearing Up

www.gearingup.com

972-596-7229

Jewish Family Service

www.jfsdallas.org

972-437-9950

Lakes Regional MHMR – Terrell

www.lrmhmrc.org

Intensive Outpatient
972-524-4159

LifeNet Texas

www.lifenettexas.org

214-221-5433

Lifeworks Group (Dallas and Ft. Worth)

www.wefixbrains.com

(214) 357-4001

McKinney Family Counseling

972-984-9207

Metrocare Services

www.metrocareservices.org

214-743-1200

NorthSTAR (Public Behavioral Health Assistance)

www.valueoptions.com/northstar/about.htm

1-888-800-6799

Pastoral Counseling Center

www.pccdallas.org

214-526-4525

Momentous Institute

(Salesmanship Club Youth and Family Services)

www.salesmanshipclub.org

214-916-4000

Seay Behavioral Health Center at Texas Health Presbyterian Hospital Frisco

www.texashealth.org/seay

Adolescents up to 18, Adults 18+, Intensive Outpatient

972-981-4212

Teen Challenge of North Texas

www.teenlifechallenge.com

214-824-6181

The Be Project

www.familyplacebeproject.org

Youth program to end relationship violence

214-941-1991 (24 hr hotline)

972-243-1611 (office)

Trauma Support Services of North Texas

www.tssnt.org

972-709-4904

University of North Texas Counseling & Human Development Center

<http://www.coe.unt.edu/counseling-and-human-development-center/>

940/565-2970

972-780-3646

Youth Advocacy Program Counseling Services

www.yapinc.org

214-821-9554

Youth and Family Counseling (Flower Mound)

www.youthandfamilycounseling.org

972-724-2005

SPECIALTIES

Children First Counseling Center

www.childrenfirstinc.org

972-264-9937

Children in the Middle

Helping Families Raise Children Between Two Homes

www.childreninthemiddle.com

972-264-9937

Children's Medical Center – Eating disorders

www.childrens.com/specialties/eating-disorder-services

214-456-2622

Eating Disorder Hope

www.eatingdisorderhope.com/information

ED Referral.com – Eating disorders

www.edreferral.com

The Elisa Project – Eating disorders

www.theelisaproject.org

214-369-5222

EMDR International Association

www.emdria.org

Journey of Hope – Grief support

www.johgriefsupport.org

972-964-1600

Center for Play Therapy - University of North Texas

940-656-2066

Meridell Achievement Center – Austin

(Residential treatment center)

www.meridell.com

Adolescents up to 18

1-800-366-8656

SUBSTANCE ABUSE

Caron Texas

www.carontexas.org

Adults 18+, Inpatient, Residential

214-491-3600

The Council on Alcohol and Drug Abuse

(Information and referral)

www.dallascouncil.org

214-522-8600

Dallas Challenge

www.dallaschallenge.org

972-566-4680

Green Oaks Hospital

www.greenoakspsych.com

Adolescents up to 18, Adults 18+, Detox, Inpatient, Intensive Outpatient, Psych ER

972-991-9504

Hickory Trail Hospital

www.hickorytrail.com

Detox, Inpatient

972-298-7323

Homeward Bound

www.homewardboundinc.org

Detox, Inpatient, Residential

214-941-3500

The Magdalen House (Maggie's House)

www.magdalenhouse.org

214-324-9261

Nexus Recovery (Women only)

www.nexusrecovery.org

214-321-0156

Phoenix House Dallas

www.phoenixhouse.org

Age 13-17: Residential, IOP

Age 18+: IOP

214-296-0394 or 800-DRUGHELP (800-378-4435)

Right Step (Bedford, Plano, Dallas)

www.rightstep.com

Adolescents up to 18, Adults 18+, Inpatient, Intensive Outpatient, Partial, Residential Trtmt

888-859-1408

Salvation Army Adult Rehabilitation Center
www.salvationarmydfw.org/services/addiction_recovery
Residential
214-630-5611 Dallas
817-834-6271 Ft Worth

Seay Behavioral Health Center at Texas Health Presbyterian Hospital Plano
www.texashealth.org/seay
Detox, Inpatient
972-981-8300

Solutions Outpatient Services
www.sosdallas.com
214-369-1155

Souls Harbor
www.soulsharbordallas.org
214-596-8225

Texas Health Springwood Hospital
www.texashealth.org/behavioral-health
Detox only
817-848-7705

Texas Health Presbyterian Hospital Dallas
www.texashealth.org/behavioral-health
Detox only
214-345-7355

Timberlawn Mental Health
www.timberlawn.com
Detox only
214-381-7181

Turtle Creek Recovery Center
www.tcmanor.org
Age 18+: Residential
214-871-2483

Valley Hope Drug Rehab Centers
www.valleyhope.org/texas/drug-rehab-centers-grapevine.aspx
Adults 18+, Residential
800-544-5101

EDUCATION

CARE (Chemical Awareness Resources & Education)
www.care-dallas.org/courses.php
214-526-8986

National Alliance on Mental Illness (NAMI)
www.nami.org
214-341-7133

Grant Halliburton Foundation
www.granthalliburton.org
972-744-9790

Mental Health America of Greater Dallas
www.mhadallas.org
214-871-2410

SHELTERS

Buckner Family Pathways
www.buckner.org/locations/tx-dfw.shtml
214-319-3420

CITYHouse - Teen Emergency Shelter
www.cityhouse.org
972-424-4626

Promise House
www.promisehouse.org
1-866-941-8578

The Family Place
www.familyplace.org
214-559-2170
214-941-1991

HOUSING

ABC Behavioral Health Clinic

www.abcbh.org/housing.html
214-275-8500

Brighter Tomorrows (for survivors of domestic violence)

www.brightertomorrows.net
972-262-8383
1-866-925-7233

Child and Family Guidance Center

www.childrenandfamilies.info
214-351-3490 ext. 3236

P.L.A.N. (Planned Living Assistance Network)

www.planofntx.org
972-690-7526

Jewish Family Service of Greater Dallas

www.jfsdallas.org
972-437-9950

Momentous Institute

(Salesmanship Club Youth and Family Services)

www.salesmanshipclub.org
214-916-4000

PEER SUPPORT

ABC Behavioral Health

www.abcbh.org/PeerServices.html
214-526-8986

Association of Persons Affected by Addiction

214-634-2722

Coffee Days

For mothers of teen/young adult children with mental illness

www.granthalliburton.org/coffeedays.html
972-744-9790

Dad2Dad

For fathers of teen/young adult children with mental illness

www.granthalliburton.org
972-744-9790

Depression and Bipolar Support Alliance (DBSA)

www.dbsa-dallas.net
817-654-7100

Dual Recovery Anonymous

214-824-2435

Mental Health America of Greater Dallas

www.mhadallas.org
214-871-2420

National Alliance on Mental Illness (NAMI)

www.nami.org
214-741-7133

The Living Room

For teens/young adults with mental illness

www.iamherecoalition.org/livingroom.html
972-744-9790

MENTAL HEALTH WARRANTS

Mental Illness Court - Dallas County

www.dallascounty.org/department/courts/probate/mental_health.php

214-653-7485 or 7418

Mental Illness Court - Collin County

www.co.collin.tx.us/mental_commitments

972-424-1460 ext. 6401 (Metro)